

JAMAICA[®]

visitor's GUIDE





COME BACK
to the ViBE that
comes alive
in
JAMAICA

Let the rhythm of Jamaica carry you from one parish to the next while mouthwatering flavours of jerk chicken and traditional patties feed your curiosity at every step. Ride bicycles along our Blue Mountains and savour coffee straight from the source. With so many coffee plantations to visit along the way, you may become a connoisseur. Experience the simple pleasure of sipping on a coconut while floating down-river on a bamboo raft. Explore countless waterfalls, caves, and hidden swimming holes—just let the locals show you the way. For those looking for the perfect destination to tie the knot, we've got the spot. We have so many enchanting settings to say "I do" you'll want to come back to renew your vows every year.

With so much to do, there is no time to rest, unless relaxation is what you need most. In that case, we offer beaches upon beaches where you can sunbathe, snorkel, paddle board, or go sailing — whatever your preference, it's your vacation. Whether you're staying at a resort, boutique hotel, or private villa, we encourage you to step out, meet the people, and come back to the vibe that comes alive in Jamaica.

One Love,
The Jamaica Tourist Board



AREA ATTRACTIONS

Bob Marley Museum

Tel: 876-630-1588

Web: bobmarleymuseum.com

Peter Tosh Museum

Tel: 876-960-0049

Web: petertosh.com/museum

Trench Town Culture Yard

Tel: 876-803-1509

Web: ticultureyard.com

National Gallery of Jamaica

Tel: 876-922-1561 / 876-618-0654 – 5

Web: nationalgalleryofjamaica.com

Devon House

Tel: 876-929-6602

Web: devonhouseja.com

Fort Charles

Tel: 876-922-0290

Web: jnht.com

Craighton Great House & Coffee Estate Tour

Tel: 876-929-8490 / 876-944-8033

Web: jnht.com

Holywell Recreational Area

Tel: 876-920-8278/876-827-3000

Web: blueandjohncrowmountains.org

Blue Mountain Bicycle Tours

Tel: 876-974-7075 / 7492-3

Web: bmtoursja.com

Rockfort Mineral Bath Complex Limited

Tel: 876-938-5055

Web: jnht.com

Club Kingston

Tel: 876-619-1565

Web: vipattractions.com

Nestled between the majestic Blue Mountains and one of the world's largest natural harbours you'll find Kingston, Jamaica's capital city and a cultural mecca for those who are drawn to our rich cultural heritage and music.

Famously, Kingston is the birthplace of reggae music and serves as a rite of passage for music fans from all over the world. One popular stop is the Bob Marley Museum, where fans can tour Marley's former home and recording studio and come one step closer to connecting with the life and legacy of this legendary artist.

But music isn't Kingston's only attraction. Visitors can also tour the historic Devon House mansion, which dates back to the late 19th century and is renowned for its homemade ice cream. The National Gallery of Jamaica is another must-visit cultural destination, showcasing the works of Jamaican artists from the 1920s to the present day. History buffs will enjoy visiting Port Royal, an historic old fort that was once a hub for piracy in the Caribbean. And for those ready to unwind after all that cultural activity, we recommend a stroll through Emancipation Park, a popular spot for jogging, picnicking, and people-watching.





There's a reason why so many famous movies were filmed on location in Port Antonio. The natural beauty of this remote tropical location is like visiting a set on an old Hollywood classic. It has everything you want in a Caribbean vacation—a remote paradise that feels like your own private island.

Located just 60 miles from Kingston, Port Antonio offers respite for visitors and locals alike who are seeking privacy and tranquility. With many of the island's most breathtaking waterfalls, secluded swimming holes, untampered beaches and rivers of bamboo rafts, whether staying in a resort or your own private villa, visitors are encouraged to make this special place their playground. For those in the know, Port Antonio is Jamaica's Jamaica and a home away from home.



Did you know?

Port Antonio has been a favourite destination among celebrities for decades, included Errol Flynn, who traded in the Hollywood lifestyle to settle into our island lifestyle.

AREA ATTRACTIONS

Alligator Head Foundation

Tel: 876-993-0336

Web: alligatorheadfoundation.org

Charles Town Maroon Community & Asafu Yard

Tel: 876-429-1894 / 876-349-2900

Web: www.maroons-jamaica.com/home

Frenchman's Cove

Tel: 876-993-7270 / 227-8257

Web: frenchmanscove.com

Moore Town Maroon Community

Tel: 876-412-0814 / 876-421-5919

Reach Falls

Tel: 876-276-8663

Web: udcja.com/attractions

Email: reachfalls@udcja.com

Rio Grande Rafting

Tel: 876-993-5778 / 913-5434

Web: portantonio.com/tours/riogrande-rafting-tour.html

Somerset Falls

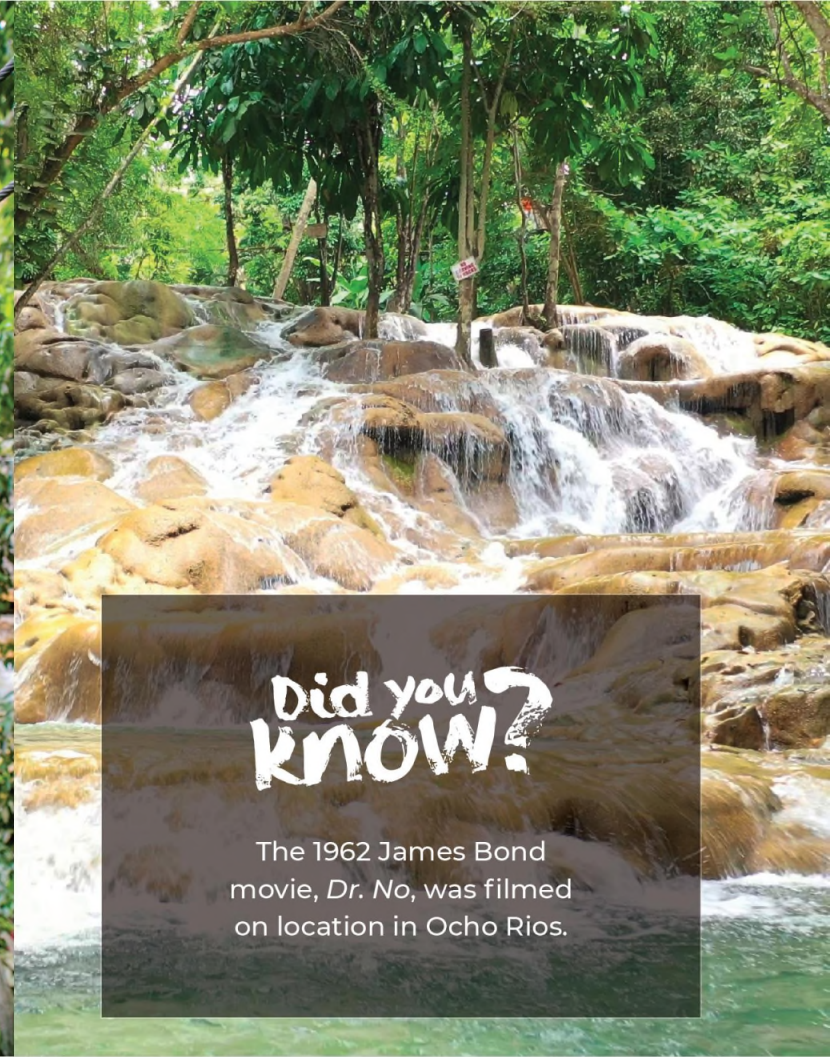
Tel: 876-913-0046





Adventure Awaits

Ocho Rios, Jamaica



Did you know?
The 1962 James Bond movie, *Dr. No*, was filmed on location in Ocho Rios.

Visit Ocho Rios and feel your adventurous side take over. Here, visitors can pursue a range of expeditions that will guide you through covert waterways in the Green Grotto Caves or lead you up the cascading waterfalls of Dunn's River Falls. Among the activities available, including water sports, hiking, horseback riding, and zip-lining, one of the most popular attractions is Dolphin Cove, where visitors can swim with dolphins and even test their nerve during a thrilling shark encounter show.

With its breathtaking waterfalls and relaxing beaches set against a lush tropical backdrop, you'll find there's always something new to discover in Jamaica's most famous port town, including a range of accommodations,

from boutique resorts and all-inclusive hotels to villa rentals. And before a night on the town, you can choose from a variety of dining options, from local street food to upscale restaurants serving international cuisine.





AREA ATTRACTIONS

Bamboo Beach Club (Braco, Trelawny)
 Tel: 876-347-4213
 Web: bamboobeachclub.com

White River Calypso Rafting & Tubing
 Tel: 876- 817-8433 / 876-208-0163
 Web: whiterivercalypsorafting.com

Chukka Caribbean Adventures

- White River Valley Tubing
- Original Canopy Zipline Tours
- ATV Safari Tours
- Horseback Ride & Swim
- Power-snorkeling (NEW)

Tel: 876-619-1382 / 382-6907 / 684-9934 / 972-2506
 Web: chukka.com

Dolphin Cove
 Tel: 876-974-5335 / 795-0484
 Web: dolphincoveja.com

Dunn's River Falls and Park
 Tel: 876-974-4767 / 974-2857
 Web: dunnsriverfallsja.com

Green Grotto Caves
 Tel: 876-973-3217 / 973-2841
 Web: greengrottocavesja.com

Hooves Jamaica
 Tel: 876-972-0905 / 972-0659

Island Gully Falls (Blue Hole)
 Tel: 876-462-1233 / 917-3222
 Web: islandgullyfall.com

Jimmy Buffet's Margaritaville
 Tel: 876-675-8800
 Web: margaritavillecaribbean.com/ocho-rios

Konoko Falls and Park
 Tel: 876-622-1712
 Web: konokofalls.com

Mystic Mountain
 Rainforest Adventures
 Tel: 876-974-3990-1
 Web: rainforestadventure.com/mystic-mountain-jamaica

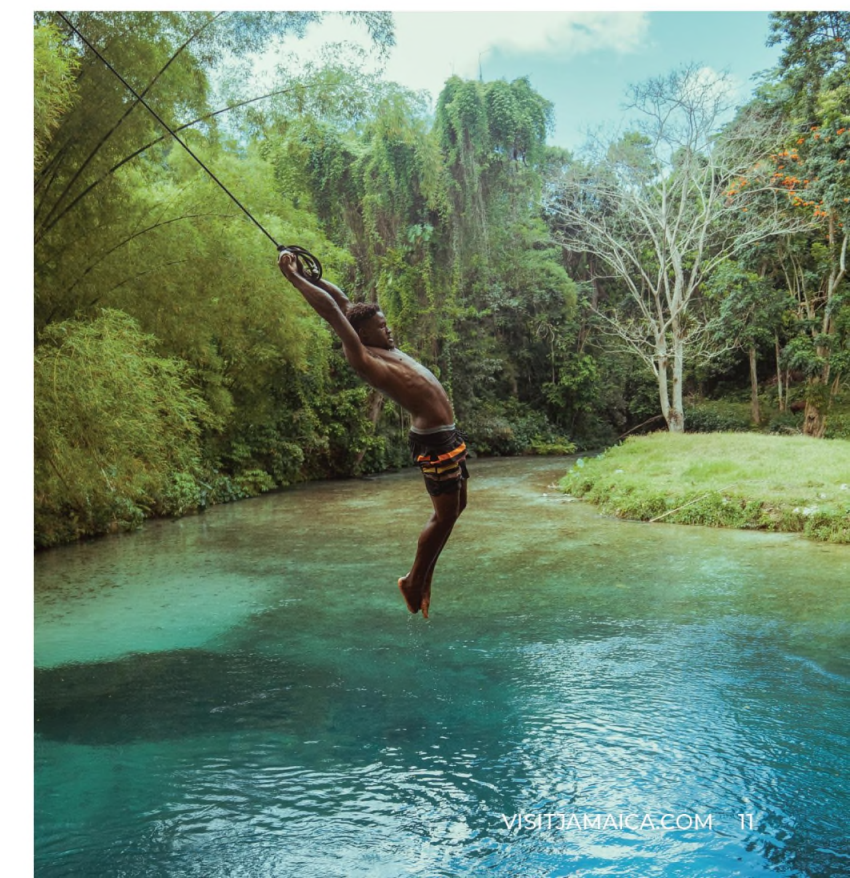
Sandals Golf and Country Club
 Tel: 876-975-0119 / 549-5789
 Web: sandals.com/golf/jamaica

Seville Great House
 Tel: 876-972-2191
 Web: jnht.com

Sunvalley Plantation
 Tours and Trails
 Tel: 876-995-3075
 E-mail: sunvalleyjamaica@gmail.com

The River Rapids Adventure
 Tel: 876-953-2722
 Web: riverrapidsja.com

Turtle River Falls & Gardens
 Tel: 876-974-5114
 Web: turtleriverfallsandgardens.com



SO MUCH MORE TO EXPLORE

Montego Bay & Falmouth, Jamaica

Montego Bay, affectionately known as “MoBay,” is home to an array of luxury resorts, golf courses, casinos, shopping, and events for those looking to make the most of their vacation.

Make time to unwind in the calm and gentle turquoise waters of Doctor’s Cave Beach. Feel powdery white sand beneath your feet as you stroll along this tranquil shoreline dotted with palm trees. Whether you’re seeking culture, adventure or relaxation, MoBay has something for everyone, including many famous great houses to tour dating back to the 15th century. But weak-kneed be warned, one of them is haunted.

Fortunately, Montego Bay also boasts several lovely churches, including the must-see St. James Parish Church, built in 1775.

If that’s not enough to quench your curiosity, head east to visit the charming historic port town of Falmouth. Step back in time and marvel at the town’s beautiful 18th-century brick buildings, early 19th-century timber-frame houses, and impressive cut-stone public buildings.



Did you know?

Montego Bay hosts Reggae Sumfest, the largest reggae music festival in the Caribbean.





AREA ATTRACTIONS

Bellefield Great House Limited
Tel: 876-952-2382
Web: bellefieldgreathouse.com

Braco Stables Horseback Riding
Tel: 876-954-0185 / 954-0186

Cinnamon Hill Golf Club
Tel: 876-953-2984 / 953-3855 / 953-2341
Web: rosehall.com/golf/cinnamon-hill

Chukka Caribbean Adventures
Tel: 876-684-9934 / 618-1895
Web: chukka.com

Chukka Good Hope Estate
Tel: 876-619-1382
Web: chukka.com

Club Mobay
Tel: 876-619-1565 / 381-0299
Web: vipattractions.com

Doctor's Cave Bathing Club
Tel: 876-952-2566
Web: doctorscavebathingclub.com

Falmouth Outdoor Adventures
Tel: 876-436-9230
Web: paintballjamaica.com

Greenwood Great House
Tel: 876-953-1077 / 876-631-4701
Web: greenwoodgreathouse.com
Email: info@greenwoodgreathouse.com

Half Moon Equestrian Centre
Tel: 876-953-2286
Web: horsebackridingjamaica.com

Hampden Estate Rum Tour
Tel: 876-482-4632
Web: hampdenestaterum.com

Margaritaville Montego Bay
Tel: 876-952-4777
Web: margaritavillecaribbean.com/montego-bay

Montego Bay Arts Council
Tel: 876-971-3921 / 940-6402 / 876-550-4818
Web: montegobayculturalcentre.org

Rastafari Indigenous Village
Tel: 876-383-9068
Web: rastavillage.com

River Raft Limited
Tel: 876-952-0889 / 940-7018 / 940-6398
Web: jamaicrafting.com

Rockspring Cave Exploration / Rockspring Cave Exploration / Cockpit Country Adventure Tours
Tel: 876-393-6584
Web: stea.net/wp/?page_id=123
E-mail: info@stea.net

Rose Hall Great House
Tel: 876-953-2456 / 953-2323 / 953-2341
Web: rosehall.com

Silver Sands Jamaica
Tel: 876-954-7606
Web: mysilversands.com

The River Bumpkin Farm
Tel: 876-684-8672





HOTELS, INNS, GUEST HOUSES & FACILITIES

WESTMORELAND	ST. JAMES	HANOVER	TRELAWNY	ST. ANN	ST. MARY	ST. ANDREW & KINGSTON	PORTLAND
<ul style="list-style-type: none"> • Bar-B-Barn • Beaches Negril Resort & Spa (All Inclusive) • Charella Inn • Coco La Palm • Coral Cove Resort • Cotton Tree Place • Country Country Limited • Couples Swept Away Hotel • Foote Prints On The Sand • Fun Holiday Beach Resort • Grand Pineapple Beach Resort • Hidden Paradise • Hotel Riu Palace Tropical Bay • Hotel Samsara • Kibo Hotel • Legends Hotel • Luna Sea Hotel Limited • Merrils 2 - (Merrils Resort Unicy Ltd. (2)) • Negril Escape Resort & Spa ("Mariners Inn") • Negril Palms Hotel • Negril Tree House Resort • Rayon Hotel • Rock House Hotel • Rondel Village • Rooms Negril • Sandy Haven Resort • Sandals South Coast Jamaica • Seastar Inn • Shields Negril • Sunrise Club Hotel • Tensing Pen Limited • The Boardwalk Village Limited • The Caves / Island Caves 2006 Ltd • The Cliff Hotel & Spa Limited • The Comingle Hotel • The Oasis Resort Hotel • The Spa Retreat • Westender Inn 	<ul style="list-style-type: none"> • Altamont West Hotel • Breathless Montego Bay Resort • Caribblue Beach Hotel • Deja Resort • Doctor's Cave Beach • Donway - A Jamaican Style Village • Grandiosa Hotel • Half Moon Resort • Hilton Rose Hall Resort & Spa • Holiday Inn Resort, Montego Bay Jamaica • Hotel Gloriana & Spa • Hotel Montego • Hotel Riu Montego Bay • Hotel Riu Palace Jamaica • Hotel Riu Reggae • Hyatt Ziva, Hyatt Zilara • Iberostar Grande Resort • Iberostar Suites • Iberostar Rose Hall Hotel • Jewel Grande Montego Bay Resort & Spa • Milbrooks Resort • Relax Resort • Royale Decameron Montego Beach Resort • Sandals Carlisle (All Inclusive) • Sandals Montego Bay • Sandals Royal Caribbean Resort & Offshore Island • Sea Gardens Beach Resort Ltd • Secrets St James & Secrets Wild Orchid Resorts • The S Hotel • Sunscape Resort & Spa • Tobys Resort • Verney House Hotel • Wexford Court • Zoetry (Fmrly Coyaba Beach Resort) 	<ul style="list-style-type: none"> • Azul Beach Resort Negril • Couples Negril (All Inclusive) • Grand Palladium - Lady Hamilton & Jamaica Resort & Spa • Hedonism 11 • Round Hill Hotel And Villas • Royalton Negril; Hideaway At Royalton Negril; Hotel Grand Lido Negril • Sandals Negril Beach Resort & Spa • Sunset At The Palms (Formerly Negril Cabins) • Tryall Golf & Beach Club 	<ul style="list-style-type: none"> • Excellence Oyster Bay • Glistening Waters Hotel • Hotel Rio Bueno • Royalton White Sands 	<ul style="list-style-type: none"> • Bahia Principe Jamaica Resort • The Cardiff Hotel & Spa • Club Hotel Riu Ocho Rios • Franklyn D. Resort • Hermosa Cove • Hibiscus Lodge Hotel • Jamaica Inn Limited (Spa) • Moon Palace Jamaica • Mystic Ridge Jamaica Ltd • Piper's Cove Resort • Rooms On The Beach • Royale Decameron /Club Caribbean • Sandals Ochi Beach Resort • Sandals Dunn's River • Sandals Royal Plantation Hotel • Sea Crest Beach Hotel • Shaw Park Beach Hotel & Spa • Silver Seas Hotel • Tamarind Tree Resort • The Village Hotel • Villa Sonate 	<ul style="list-style-type: none"> • Beaches Ocho Rios Resort & Golf Club • Casa Maria Hotel • Couples Sans Souci • Couples Tower Isle • Galina Breeze (Was Trade Winds Resort) • Goldeneye • Moxons Beach Club 	<ul style="list-style-type: none"> • Ac Hotel By Marriott • Altamont Court Hotel • City View Hotel • Courtyard By The Marriott • Eden Gardens Wellness And Resort & Spa • Hotel Four Seasons • Indies Hotel • Jamaica Pegasus The • Mayfair Hotel • Medallion Hall • R. Hotel • Rok Hotel Kingston, Tapestry Collection • Spanish Court Hotel • The Courtleigh Hotel & Suites • The Prestige Hotel (Formerly Sandhurst Hotel) • Terra Nova All-suite Hotel Limited 	<ul style="list-style-type: none"> • Hotel Tim Bamboo Ltd. • Jamaica Palace Hotel • Hotel Mocking Bird Hill • San San Tropez • Trident Hotel • Tropical Lagoon Heights Resorts Limited
		<ul style="list-style-type: none"> • Jakes Hotel Villas & Spas • South View Hotel • Treasure Beach Hotel • Lashings Villas Limited 	<ul style="list-style-type: none"> • Bridge Palm Resorts • Platinum Hotel 				<ul style="list-style-type: none"> • Morant Villas • Whispering Bamboo Cove



If basking in the sun is your thing, then Negril is your spot. Here, Jamaica's most pristine beaches stretch for miles and miles along the island's westernmost coast. This relaxed coastal town is renowned for its soft, white sand, crystal-clear turquoise waters, and fiery sunsets, making it a hot spot for beachgoers seeking Jamaica's laidback, beach vibe.

After snorkeling, jet skiing, parasailing, horseback riding, zip-lining, and sunbathing, visitors can enjoy live reggae music and mingle with lively locals at any one of Negril's beach-front bars and resorts. Seafood is a staple in Negril, served fresh at beach-side shacks and upscale restaurants everywhere. But for breathtaking panoramic views of the Caribbean Sea, locals will point you to Rick's Café, famous for its sunsets, cliff diving, dancing, cocktails, and Jamaican cuisine.



AREA ATTRACTIONS

Dreamer Catamarans

Tel: 876-979-0102 / 979-0103

Web: dreamercatamarans.com

Jamwest Motor Sports & Adventure Park

Tel: 876-381-0872 / 383-2581 / 475-7588

Web: jamwest.com

Kool Runnings Adventure Park

Tel: 876-957-5400

Margaritaville Negril

Tel: 876-957-9180 / 957-4467

Web: margaritavillecaribbean.com

Negril Hills Golf Club

Tel: 876-957-4638

Web: negrilhillsclub.com

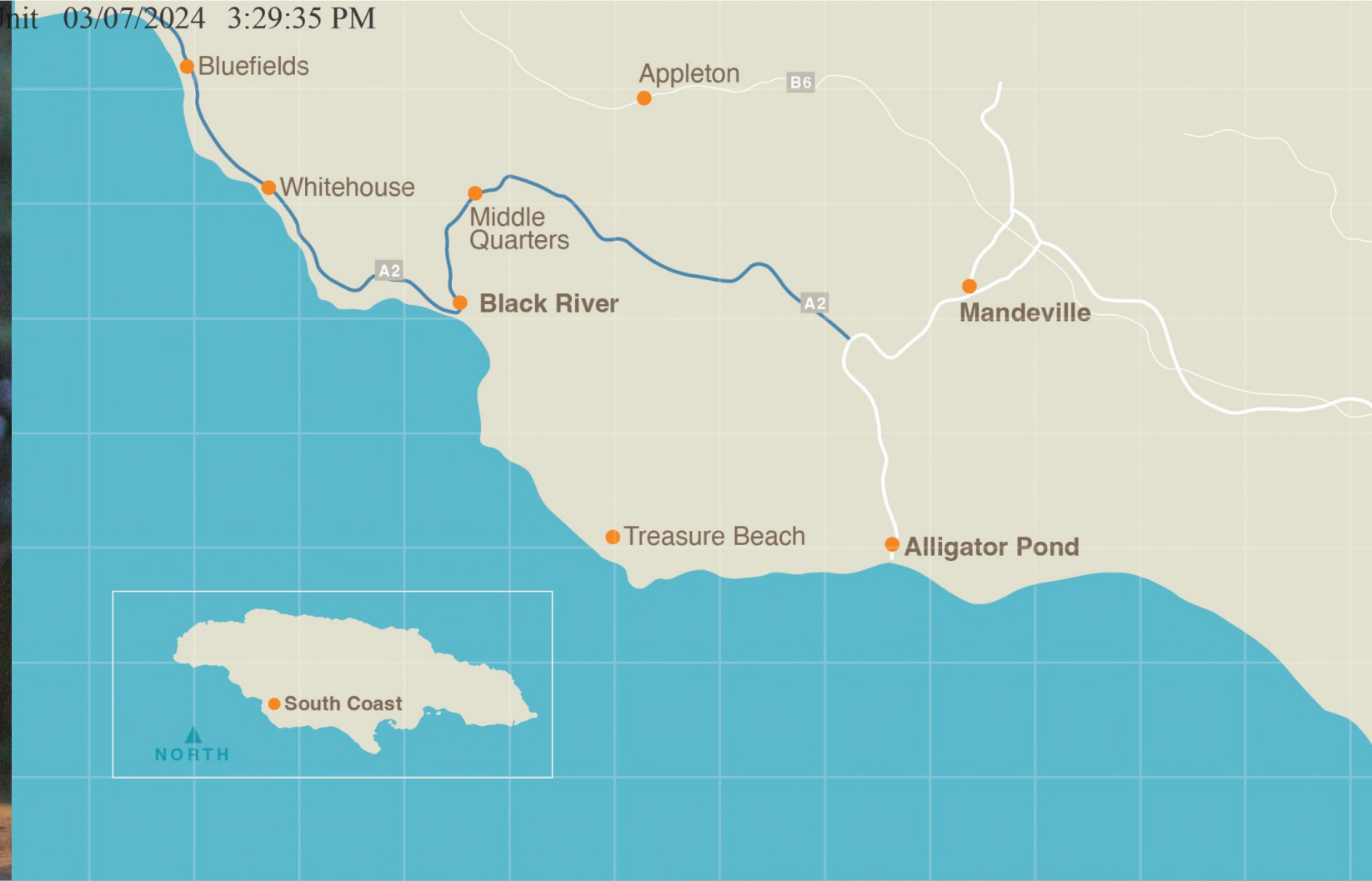
Wild Crocodile Adventure and Tours

Tel: 876-881-6917



Did you know?

Negril has several natural Pirate Caves, believed to have been used by pirates as hideouts during the colonial era.



Jamaica's South Coast offers a delightful off-the-beaten-path experience even though it's quite easy to get there. The region is unique for its rugged coves, black-sand beaches, and secluded swimming spots, with Treasure Beach providing a six-mile stretch of unspoiled coastline dotted with fishing boats. It's also known for community tourism, which means your vacation isn't just good for your soul, it directly benefits the local community.

A must-see attraction while you're here is YS Falls, a cascading waterfall surrounded by lush, tropical vegetation where vacationers can zipline, swing, and swim all day. To add to the exhilaration, you can go on a crocodile safari in the nearby town of Black River. Just keep your feet inside the boat. To top off your adventure, enjoy the Joy Spence Appleton Estate Rum Experience to appreciate the essence of Jamaican rum from harvesting to sipping.



AREA ATTRACTIONS

Appleton Estate Rum Tour

Tel: 876-963-9215-7 / 876-448-2237

Web: appletonestate.com

Email: appletonrumtour@campari.com

Irie Safari

Tel: 876-847-5592 / 965-2466 / 965-2211 / 472-4644

Black River Safari Tours Limited

Tel: 876-965-2513 / 876-965-2086

Web: blackriversafari.com

E-mail: information@blackriversafari.com

YS Falls

Tel: 876-997-6360

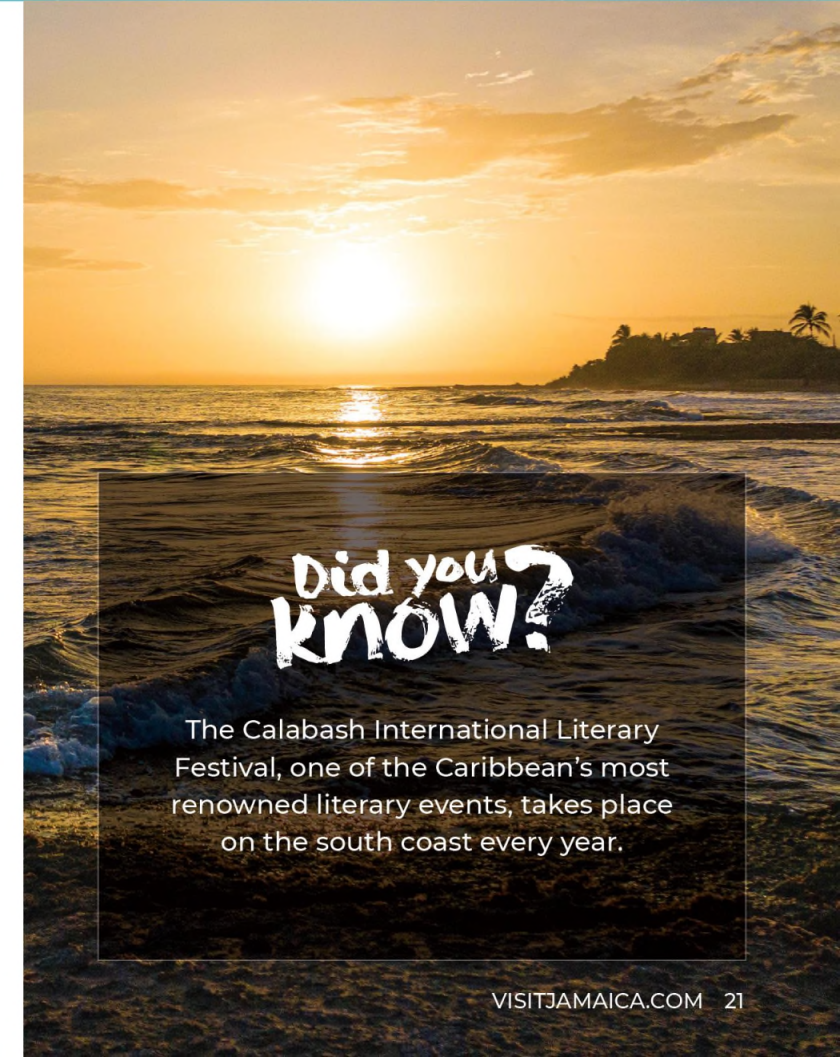
Web: ysfalls.com

E-mail: info@ysfalls.com

YS Falls Zipline Canopy

Tel: 876-997-6360

Web: ysfalls.com/attractions/canopy



Did you know?

The Calabash International Literary Festival, one of the Caribbean's most renowned literary events, takes place on the south coast every year.



WHAT TO EAT

You can't visit an island country like Jamaica without sampling its bounty of seafood. We have so many colourful dishes that reflect our diverse cultural influences, it's what makes our cuisine so unique.

Barbeque lovers, feast your eyes on Jamaican Jerk, a cooking style that involves marinating meat with scotch bonnet peppers, thyme, garlic, ginger, onion, and other spices to create a unique, spicy, smoky, and flavourful experience that can't be replicated on grills back home.

More than 175,000 registered farmers are scattered throughout Jamaica's 14 parishes. Agriculture is the backbone of the nation, so it is no surprise that farm-to-table dining experiences are on the rise.

As advocates of sustainable living, the Rastafarian Movement has had an undeniable influence on local Jamaican cuisine. "Ital" is a word used to describe natural foods prepared without salt, although the term is loosely applied to all meatless dishes. As a result, we have numerous delicious vegan dishes as well.



Did you know?

Ackee, Jamaica's national fruit, is commonly prepared as vegetable.

The country's national dish is ackee and saltfish.



SHOPPING

Our visitors may come for romance, adventure, or simply to relax, but they always manage to make time for a little shopping as well. There are exciting shopping experiences to be found around almost every corner in Jamaica. From bustling street markets to duty-free boutiques, the creativity and entrepreneurship of Jamaica's artisans provide exciting keepsakes to commemorate your trip.





Adventure

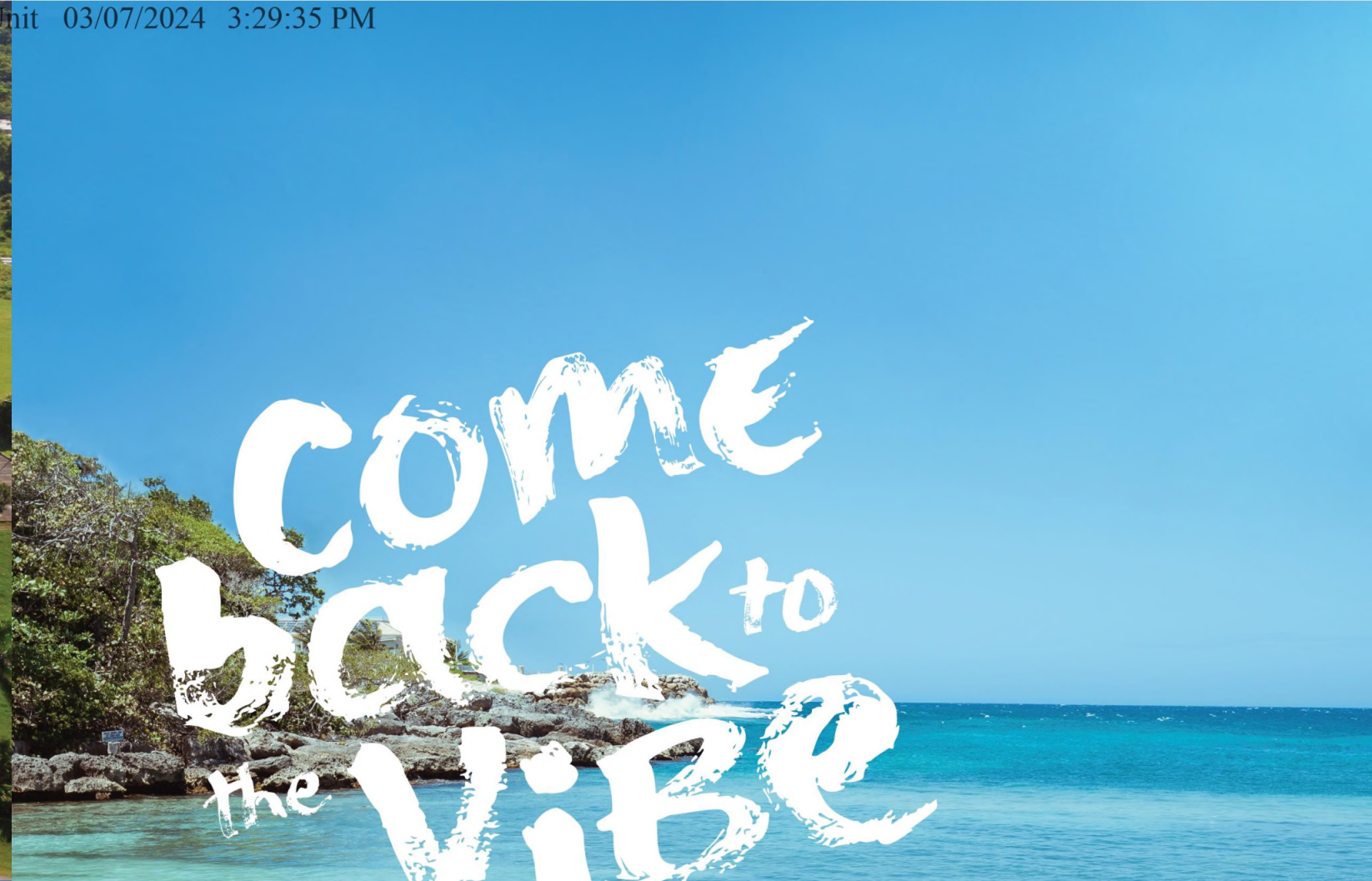
Jamaica is a mecca for thrill-seekers, offering a plethora of exciting excursions to choose from. You can climb waterfalls, zip-line through lush rainforest canopies, hike the Blue Mountains, raft down rivers, swim with dolphins, explore coral reefs, and sail the Caribbean Sea. Jamaica's rugged terrain and crystal-clear waters provide the perfect playground for countless adventurous activities.



Weddings & Honeymoons

Jamaica boasts a staggering diversity of natural beauty, from the mystical energy of the Blue Mountains to the warm embrace of our beaches. For many, these stunning settings are synonymous with love, offering an awe-inspiring backdrop for some of the most dazzling romances and weddings. Couples looking for the ideal place to say "I do" are spoiled for choice on this island paradise, which is only outdone by the event planners, musicians, DJs, florists, photographers, caterers, and all manner of wedding experts who approach their craft with love. Getting married in Jamaica is an unforgettable experience, not just for couples, but for the whole wedding party. That's why so many who come to tie the knot, return to renew their vows.





Jamaica has established a well-earned reputation as a top destination for meetings, incentives, conventions, and events—not solely due to the convenience of direct flight options and VIP airport services but also for our experience hosting high-profile events and addressing a wide variety of business needs. Additionally, U.S. travelers benefit from an income tax treaty that allows expenses incurred in Jamaica to be tax-deductible. With multiple resort areas, Jamaica offers a diverse range of accommodation options, meeting and convention facilities, and destination management companies to cater to your needs. Moreover, golf courses, group activities, tours, and attractions are available to create a legendary experience for your event.





BANKS / CURRENCY

Accessible licensed Cambio centers and commercial banks are available in all resort areas. It's advisable to shop around for the best exchange rate before converting cash, as the official currency exchange rates vary daily. Most ATMs accept international bank cards with Visa, MasterCard, Cirrus, and Plus logos. Banks provide credit card advances, change traveler's checks, and offer other financial services.

CLIMATE

We enjoy a hot and humid tropical climate year-round, which is perfect for a relaxing vacation. Temperatures range from 19 degrees Celsius (66 Fahrenheit) to 32 degrees Celsius (99 Fahrenheit). Although we're known for sunshine, we have two rainy seasons from May to June and September to November. Keep an eye on the news for hurricanes that may pass between June and November.

CLOTHING

Lightweight, breathable fabrics are best. Shorts, swimwear, and flipflops will keep you comfortable.

Bring a thin sweater for the evenings. Semi-casual wear for women and a jacket for men will get you into all of our fine dining restaurants. Pack lightly as you'll want to take some of our special clothing back home with you.

COMMUNICATIONS

Jamaica is well connected to the rest of the world. Direct international telephone service operates 24/7 in all areas, and telephone operators facilitate collect, third-party, or credit card calls. Email and Internet access are available at hotels, parish libraries, and local Internet cafes. Stay informed with three daily newspapers and five weekend newspapers. Some hotels and gift shops offer international editions.

DRIVING

We drive on the left side of the road, and the speed limit is 50 kmph (30 mph) in built-up areas and 80 kmph (50 mph) on highways. All drivers must carry a valid license. Jamaica recognizes valid international driver's licenses, and visitors from North America may use their country's license for up to three months per visit. Car rental is available in most major towns, cities, and airports, but you must be over 25 years old to hire a car yourself.

DRUGS

In Jamaica, it is illegal to use, sell, or possess drugs such as ganja (marijuana), cocaine, crack, ecstasy, heroin, and any other controlled substance. Violators are subject to severe punishment.

ELECTRICITY

Jamaica uses a 110 volts/50 cycles standard electrical supply, and electrical appliances use plugs that are two-pronged and flat (as in the United States and Canada). Bring along any adapters or converters you might need. Most hotels provide hair dryers, alarm clocks, radios, and clothing irons, but confirm first.

LANGUAGE

Officially, we speak English but mix it up with our island version of patois. It takes a little getting used to, but you're sure to have lots of fun trying out a few expressions.

PETS

We love animals here on the island, but the pets must be healthy if joining you on your trip. The importation of all live animals into Jamaica requires an import permit from the Veterinary Services Division of the Ministry of Agriculture prior to arrival. All animals must be rabies-free and must never have been rabies vaccinated. Dogs and cats (with permits) are allowed into Jamaica only from Great Britain, Northern Ireland, and Eire. For more information, contact the Veterinary Services Division at 876-977-2489 or 876-977-2492. To secure a permit, fax a letter of request to 876-977-0885.

TIME ZONE

Jamaica falls within the Eastern Time Zone (UTC/GMT -5 Hours) and does not observe Daylight Saving Time.

The island is located within the tropics, so it does not experience drastic seasonal changes in sunrise and sunset times. Year-round, the island averages between 11.5 and 12.5 hours of sunlight a day.

WATER

Water is abundant in Jamaica, with hundreds of natural springs and rivers above and underground. The island has developed comprehensive water treatment and supply systems, ensuring that all drinking water in Jamaica is purified and filtered using modern methods. You can confidently drink, clean your teeth, bathe, and wash clothes in our water. However, if you prefer not to drink tap water, many brands of Jamaican spring water that meet or exceed the highest international standards are available at most shops and restaurants.

WORD TO THE WISE

When traveling to any destination, it is essential to prioritize your safety. Here are some tips to ensure you have a safe and enjoyable vacation:

- Always travel with a valid passport or visa (if required). Also, bring another valid form of photo ID and make photocopies of both in case of loss or theft.
- Familiarize yourself with local laws and practices before arriving at your destination.
- Share your contact information and itinerary with friends and family.
- Register with your country's embassy or consulate before traveling so that your country can be aware of your whereabouts in case of emergencies.
- Keep your luggage, handbags, or backpacks within view at all times and carry your possessions close to your body.
- Avoid carrying large amounts of cash and expensive jewelry or valuables on road trips or excursions.

CALENDAR OF EVENTS



JANUARY

- Rebel Salute, St. Ann 

FEBRUARY

- Reggae Month Celebrations, Kingston 
- Lost In Time Music Festival, Kingston 
- Hanover Charities / Chukka Polo Tournament, Hanover 
- Coveside Concert Series, St. Ann (Feb-May) 

MARCH

- BRT Weekend St. Ann 
- Run for Fun Cruise Event, Montego Bay 
- The Well Encounter, Kingston 
- Jamaica Blue Mountain Coffee Festival, Kingston 
- Earth Hour, Kingston 

APRIL

- Carnival in Jamaica Series Varied Venues— Kingston & Ocho Rios 
- Cycle Jamaica Runaway Bay, St. Ann 
- Pan American Air Badminton Championship, St. Catherine 
- Expo Jamaica National Arena, Kingston 
- Jakes Off Road Triathlon Treasure Beach, South Coast 


MAY

- Discover Jamaica by Bike, Kingston, Portland, St. Ann, Westmoreland 
- Mochafest Varied Venues, Negril 
- Calabash Literary Festival—"for Word" Treasure Beach, South Coast (Bi-annual) 
- Vinyl Record Collectors—Memorial Weekend Event (Jamaica) Varied Venues, Kingston 

JUNE

- Annual Backgammon Tournament, Ocho Rios
 Email: jigroup@jamaicainn.com
- RuJohn Foundation Celebrity Event, Kingston & Montego Bay 
- Jamaica Ocho Rios Jazz Festival, Ocho Rios 
- Liguanea Art Festival, Liguanea Plaza, Kingston 

JULY

- Boston Jerk Celebration, Boston, Port Antonio 
- Amalgamation Little Theatre, Kingston 
- Reggae Sumfest Varied Venues— Montego Bay 
- Dream Weekend Varied Venues, Negril 

AUGUST

- Portland Paradise Weekend Port Antonio, Portland 
- Best Weekend Ever! Varied Venues, Ocho Rios 

SEPTEMBER

- Jamaica Bridal Expo MBCC, Montego Bay 

OCTOBER

- Jamaica Food and Drink Festival, Kingston 
- Merritone Homecoming, Kingston, Negril Family Reunion Festival Week 

NOVEMBER

- Cycle Jamaica Runaway Bay, St. Ann 
- Jamaica Classic NCAA Basketball MBCC, Montego Bay 

DECEMBER

- Reggae Marathon Varied Venues, Long Bay Beach Negril 

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