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UNITED STATES UNITED IRELAND

Hello,

I wanted to let you know that we've confirmed our next Irish Unity Webinar.

Sunday, August 2 at 2:00pm ET we will be joined by Pat Cullen MP for a discussion about Health and Care in a New and United Ireland. Activist extraordinaire Tricia McIvor will be co-hosting and leading the conversation rooted in her years of experience in medicine both in Ireland and in the US.

It's a great way to extend and deepen our Study Group conversation or to catch up if you're eager to wade into the deep end of the details and specifics of this topic that affects everyone and is consistently listed as the top concern for all residents of the island of Ireland when it comes to the Unity discussion.

[You can register right here.](#)

Please do and invite your friends and colleagues to do the same.

Our next activist call will be on Monday, August 10, and we'll have plenty to do then, I just didn't want you to miss out on this opportunity in the meantime. See you soon!

Sincerely,

Greg O'Loughlin
Executive Director
Friends of Sinn Féin

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IRISH UNITY EDUCATION WEBINAR SERIES



PAT CULLEN MP

Health & Care in a New & United Ireland
SUNDAY, AUGUST 2 - 2:00 PM ET



Next Call: Mon, Aug 10 at 7:00pm ET

Join our next call on Monday, August 10th at 7:00pm ET right here:

<https://zoom.us/j/93819110821>

They are always better when YOU are there!

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A celebration of the 150th Anniversary of the returning of the Catalpa



Join us for an evening of story and song to remember one of the most daring prison escapes and rescues in history!

7:00pm Wednesday, August 19, 2026

New York Irish Center – Long Island City, NY

Tickets on sale now!



Norms

Participate to the fullest of your ability, respect others when they are talking, and be present.

This can look like:

- Keeping your mic on mute when you are not speaking
- Refraining from chatting about unrelated topics
- Cameras on during calls and meetings

Speak from your own experience instead of generalizing

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Our goal is not to agree on everything -- it is to advance the cause of a new and united Ireland.

We all share the same goal, but we don't all have to agree on every detail of politics, current events, or analysis. Disagreement is ok - healthy even - but we are working together to advance the cause of a new and united Ireland, and anything else that detracts attention, resources, or energy away from that has no place on our calls. Disagreements can come out of committees and into a smaller discussion.

What's shared here stays here.

We are not doing this work for social media likes or for publication. People will change their minds over time, and some projects are best served by a lack of attention. All of that is better served by a sense of confidentiality. There are no secrets, but there is an expectation that everyone will have had a chance to review any and everything that is shared publicly.

Some practices that help support the work:

Parking Lot: If you have an idea, question, or some feedback that is important for the group, but not pertinent to the goals or conversation during the limited time we have, add it to [The Parking Lot](#). Ideas and questions can be addressed and answered asynchronously and raised at future meetings as needed.

Three Before Me - In virtual group work, it can be challenging to get a word in or to monitor how much air-time you're taking up. A good rule of thumb can be: once you've spoken up in the group, let at least three people speak before you chime in again.

It's better when you're here - We're all volunteers and we're all trying our best. We don't take attendance, but we do rely on one another to get the job done. Let your committee chair know if you said you'd do a task or get something done but now can't for whatever reason. If you're in a season in your life where you can take on a little more work, let your committee chair know. If you need to take a break from the meetings and the work, let your committee and chair know. We're making extraordinary progress as a team, and we should do our best to treat one another as teammates.

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