

From: [REDACTED]
Subject: FW: Full Moon Experiences in Aruba
Date: Thursday, February 19, 2026 10:47:02 AM
Attachments: [image001.png](#)
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Hi [REDACTED],

Please see below for our Full Moon Activities in Aruba pitch, which was sent out today, 2/19 to 31 journalists.

Let us know of any questions!

Thanks,

[REDACTED]

[REDACTED]

From: [REDACTED]
Sent: Thursday, February 19, 2026 11:43 AM
To: [REDACTED]
Subject: Full Moon Experiences in Aruba

Hi [REDACTED],

I hope you are well! Know you are interested in general wellness angles and wanted to reach out with an unexpected angle.

As travelers increasingly look to align their trips with meaning and intention, lunar-inspired travel is gaining traction with [nearly 39% saying they consider moon phases when choosing experiences](#).

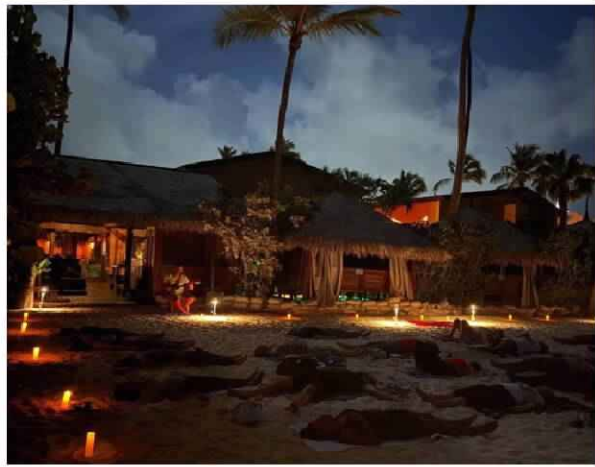


Aruba is embracing the trend with full moon immersive activities across the island that invite guests to embrace the energy of the lunar cycle.


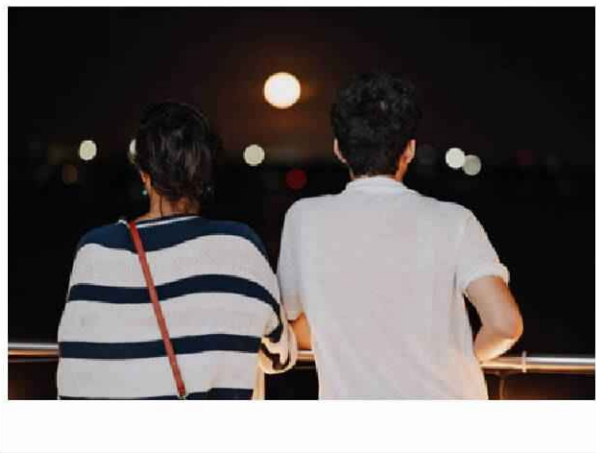

Ahead of the next full moon on March 3rd, reaching out with a range of experiences visitors can enjoy on the One Happy Island from moonlit beach yoga and sound journeys to guided hikes through Arikok National Park and more.

Let me know if this could be a fit for any upcoming coverage! Below are standout full moon experiences across the island, and you can find hi-res images [HERE](#).

Thanks,



Full Moon Experiences	
	<p style="text-align: center;"><u>Manchebo Beach Resort & Spa - Full Moon Yoga</u></p> <p>Manchebo Beach Resort & Spa invites guests and locals alike to experience Full Moon Yoga on the sands of Eagle Beach every month. Led by one of the resort's local instructors and accompanied by live guitar, the candlelit beachfront session encourages participants to slow down, release, and reconnect.</p>
	<p style="text-align: center;"><u>Beach Yoga Aruba - New Moon Sound Journeys</u></p> <p>Beach Yoga Aruba hosts monthly Full Moon Beach Yoga sessions and embraces lunar rhythms through New Moon Sound Journeys – multi-sensory experiences that weave together guided breathwork, gentle stretching, nervous system regulation, aromatherapy, immersive sound baths, herbal teas, and community connection.</p>
	<p style="text-align: center;"><u>Arikok National Park Full Moon Hike</u></p> <p>The Aruba Conservation Foundation (ACF) offers guided Full Moon Hikes through Arikok National Park after dark. These moderate 2- to 2.5-hour hikes are led by knowledgeable guides and offer a rare opportunity to witness Aruba's protected wilderness under the glow of the full moon.</p>
	<p style="text-align: center;"><u>De Palm Tours - Full Moon Sail</u></p> <p>De Palm Tours' Full Moon Magic Sail transforms a two-hour evening cruise into a celestial celebration. Departing from De Palm Pier at 8:00 PM, guests sail along Aruba's coastline with drinks from an open bar and Caribbean-inspired snacks in hand.</p>

	<p>The experience blends ocean breezes, moonlit views, and festive energy.</p>
	<p><u>Pelican Adventures - Sunny Moonlight Sail</u></p> <p>Timed two to three days before or after the full moon, Pelican Adventures' Sunny Moonlight Sail offers a rare visual spectacle: the sun setting in the west as the full moon rises in the east, both visible at once over Aruba's coastline. Guests enjoy premium wines, craft cocktails, gourmet hors d'oeuvres, and live music during the extended evening cruise.</p>
	<p><u>Stezo Tours - Full Moon Bike Tour</u></p> <p>Stezo Tours invites adventurous travelers to explore Aruba's natural landscapes by electric bike under the light of the full moon. The guided evening ride winds through the countryside of Sero Tjishi toward Spanish Lagoon, then through Frenchman's Pass and the historic Balashi Gold Mill Ruins, offering a dynamic blend of nature, history, and nighttime adventure.</p>

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