

KEY FIGURES August 20, 2026

How Much Aid Has Entered Gaza, and Who Counted It?

COGAT recorded 1,778,363 metric tons of food entering Gaza from 10 October 2025 to 7 June 2026, on tonnages self-declared by suppliers.

HUMANITARIAN ACCESS COGAT Humanitarian Aid Gaza Ministry Of Foreign Affairs



COGAT recorded 1,778,363 metric tons of food entering the Gaza Strip between 10 October 2025 and 7 June 2026. The

count is COGAT's own, and it rests on tonnages self-declared by humanitarian organisations and private sector providers rather than weighed at the crossings. COGAT is the Coordinator of Government Activities in the Territories, a unit of Israel's Ministry of Defense, and every figure it publishes about aid entry is a party's own count of its own activity.

Figure	What it counts	Who published it	Period
1,778,363 metric tons	Recorded food entry into Gaza, on tonnages self-declared by suppliers	COGAT	10 October 2025 to 7 June 2026
18,000 tons	Medical supplies and medicines entering Gaza	COGAT	Since the ceasefire began, 10 October 2025
More than 70,000 cubic meters per day	Water facilitated through external water lines and desalination, excluding local wells	COGAT	As at the July 2026 report
More than 1.9 million tons	Aid delivered, a floor and not an exact total	Israel Defense Forces	Since the start of the war to 19 August 2025
More than 106,000	Aid trucks entering Gaza, carrying over two million tons	Israel Ministry of Foreign Affairs	Since 7 October 2023, as at 14 September 2025
Over 70,000 tons	Aid entering Gaza, an earlier cumulative floor	Israel Ministry of Foreign Affairs	Cumulative to 16 December 2023

The 1,778,363 tons rest on suppliers' own declarations

The figures come from its own operational records. The report states that the tonnages rest on self-declaration by the humanitarian organisations and private sector providers moving them, so the figure records what suppliers declared rather than what a scale measured.

That is what kind of number 1,778,363 is: COGAT's own count of what suppliers declared to it, over the eight months from 10 October 2025 to 7 June 2026.

Only the numerator of the threefold ratio is COGAT's

The comparison sets two different bodies' numbers against each other. COGAT set its own recorded food entry against the World Food Programme's published monthly food requirement benchmark, and reported the ratio as nearly threefold for 10 October 2025 to 7 June 2026.

The numerator is COGAT's own recorded tonnage. The denominator is the World Food Programme's published requirement benchmark. The comparison is COGAT's, and its two halves come from different bodies.

COGAT reports 18,000 tons of medical supply since the ceasefire

It publishes three further figures for the period, each on its own basis.

- Medical supplies and medicines: 18,000 tons since the ceasefire began on 10 October 2025.
- Water: more than 70,000 cubic meters per day facilitated through external water lines and desalination facilities, expressly excluding local wells. It is a floor.
- Food prices: approximately a 72% decline in the Gaza food consumer price index between September 2025 and May 2026.

The same report also carries hospital bed and intensive-care counts. Those are World Health Organization figures reproduced inside a COGAT report rather than COGAT's own.

The IDF reports more than 1.9 million tons on its own separate count

It publishes its own cumulative totals, with its own date stamp. The Israel Defense Forces reported over 1.9 million tons of aid delivered since the start of the Swords of Iron war, as at 19 August 2025, and 23,000 tons overseen in a single week ending that date.

Figure	What it counts	Period
More than 1.9 million tons	Aid delivered, a floor	Since the start of the war to 19 August 2025
23,000 tons	Aid overseen in one week	Week ending 19 August 2025
7,800 tons	Cumulative aid delivered by the aerial route, a running total	As at 19 August 2025
Around 600,000 residents	People a new water line will serve, a projection rather than a count	Stated 19 August 2025

Source: Israel Defense Forces, humanitarian aid page, as at 19 August 2025.

The Foreign Ministry reports more than 106,000 aid trucks

It has published two sets, twenty-one months apart, on different bases. The Israeli Ministry of Foreign Affairs reported more than 106,000 aid trucks carrying over two million tons entering Gaza since 7 October 2023, as at 14 September 2025, and more than 12,000 trucks since May 2025 with 80% of them carrying food.

An earlier Ministry page reported over 70,000 tons of aid entering Gaza cumulative to 16 December 2023, of which over 6,500 tons were medical supplies, together with over 750 patients who exited Gaza for care overseas and approximately 9,500 foreign nationals and dual citizens evacuated with Israeli assistance. Both sets are the Ministry's own counts of Israel's own activity, and every figure in them is a floor or an approximation in the source.

The 3 totals count different things over different windows

They come from three Israeli bodies counting on different bases, and each publishes its own running total.

COGAT's 1,778,363 metric tons covers food only, from the start of the ceasefire. The IDF's 1.9 million tons covers aid of all kinds, from the start of the war, and is a floor. The Foreign Ministry's two million tons covers aid of all kinds carried on more than 106,000 trucks, to a September 2025 cut-off. Setting any two of them beside each other produces a comparison none of the three bodies made.

Where these figures come from

Every figure on this page is published by an Israeli body about its own activity. Each carries the body that published it and the window it covers, because the windows do not align.

Figures written as “over”, “more than” or “approximately” are floors and approximations in the sources and are not restated here as exact numbers. The three cumulative tonnage totals count different things over different periods and may not be summed, compared or treated as one series. In COGAT’s threefold ratio only the numerator is COGAT’s. The hospital figures inside COGAT’s report belong to the World Health Organization and are not reproduced here. The 600,000 water-line figure is a projection of who will be served, not a count of who has been.

Questions

How much food has entered Gaza?

COGAT recorded 1,778,363 metric tons between 10 October 2025 and 7 June 2026, on its own count.

Was that weighed?

No. COGAT states that the tonnages rest on self-declaration by humanitarian organisations and private sector providers rather than weighing at the crossings.

Who is COGAT?

The Coordinator of Government Activities in the Territories, a unit of Israel's Ministry of Defense.

Is the figure verified by anyone else?

No. It is a party's own count of its own activity, published by that party, and this page labels it as that rather than corroborating it.

What does “nearly threefold” mean?

It is COGAT's ratio of its own recorded food entry to the World Food Programme's published monthly food requirement benchmark, for 10 October 2025 to 7 June 2026. Only the numerator is COGAT's figure.

How much water is entering?

More than 70,000 cubic meters per day, on COGAT's July 2026 report, facilitated through external water lines and desalination and expressly excluding local wells. It is a floor.

How much medical supply has entered?

18,000 tons since the ceasefire began on 10 October 2025, on COGAT's own count.

What happened to food prices?

COGAT reported approximately a 72% decline in the Gaza food consumer price index between September 2025 and May 2026.

How many aid trucks have entered?

The Israeli Ministry of Foreign Affairs reported more than 106,000 since 7 October 2023, as at 14 September 2025, and more than 12,000 since May 2025 with 80% carrying food.

Why do the IDF and COGAT totals differ?

Because they count different things over different windows. COGAT's figure is food from the start of the ceasefire; the IDF's is aid of all kinds from the start of the war.

Can the totals be added together?

No. They are overlapping running totals on different definitions, published by three different bodies, and adding them counts the same shipments more than once.

What did Israel report earlier in the war?

The Ministry of Foreign Affairs reported over 70,000 tons of aid entering Gaza cumulative to 16 December 2023, over 6,500 tons of it medical supplies.

Where are the hospital figures in COGAT's report from?

The World Health Organization. They appear inside COGAT's report but are not COGAT's own counts, and they are cited to the WHO.

Where can these be read?

COGAT publishes at gaza-aid-data.gov.il, the IDF at idf.il, and the Foreign Ministry at gov.il.

Sources

- COGAT, 2026. Humanitarian situation report during the ceasefire, July 2026. gaza-aid-data.gov.il. Official record (a party's own reported counts).
- Israel Defense Forces, 2025. Clearing up the misconceptions: everything you need to know about the humanitarian aid situation in Gaza. As at 19 August 2025. idf.il. Official record (a party's own reported counts).
- Israel Ministry of Foreign Affairs, 2023. Israel-Hamas conflict 2023: humanitarian efforts. Cumulative to 16 December 2023. gov.il. Official record (a party's own reported counts).
- Israeli Ministry of Foreign Affairs, Permanent Mission of Israel to the Multilateral Organizations in France, 2025. Israel's objectives and current operation. As at 14 September 2025. Official record (a party's own reported counts).

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Every figure on this page names the body that published it and the period it covers. Where a figure is a party's own count of its own activity, the page says so and states the standard that produced it. See Sources and method.

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